



## CONVERSATION-STARTERS

### FOOD AND FAMILY

FIRST, WHEN WILL YOUR NEXT MEETING BE?

Date:

Time:

Place:

### NOW, CONVERSATION

Don't feel like you have to work through these questions systematically; just use them as a springboard to conversation. Feel free to ask additional questions as well.

1. What are some foods you enjoy during holidays that you don't have any other time of year?
2. Who does most of the cooking in your family?
3. When you think about gathering with family, do you prefer to host the gathering at your house, let someone else host, or meet at a restaurant?
4. Are your holiday traditions unique to your own family, or are they part of a larger culture?