



CONVERSATION-STARTERS

FOOD AND FAMILY

FIRST, NEXT MEETING

Some Common Grounders have learned to schedule their next conversation while they are face-to-face with each other, and to take care of this first, before discussing the questions below. So get out your calendars and set your next meeting—

Date:

Time:

Place:

NOW, CONVERSATION

Don't feel like you have to work through these questions systematically; just use them as a springboard to honest discussion. Feel free to ask additional questions as well.

1. What are some foods you enjoy during holidays that you don't have any other time of year?
2. Who does most of the cooking in your family?
3. When you think about gathering with family, do you prefer to host the gathering at your house, let someone else host, or meet at a restaurant?
4. Are your holiday traditions unique to your own family, or are they part of a larger culture?